

## Motor Biking in Ladakh

High up in the shadows of the world's highest peaks lies Ladakh, a land of mystical beauty, where vividly coloured mountains rise up dramatically on all sides, dwarfing the crystal rivers and shimmering glaciers which make their way through the barren land. The best time to visit Ladakh is in summer - between May and August or even up to September in the lower altitudes. Beyond that period, temperatures plunge to sub Arctic levels and the region gets too cold for comfort.

Area: Ladakh (Jammu & Kashmir) Duration: 12 Days Grade: Moderate to Strenuous Maximum Altitude: 5540 m /18380 ft Season: Jun to mid Sep Cost <ul style="list-style-type: none"> <li>• Budget: Rs.6000 per person per day, for a minimum of 6 persons</li> <li>• Luxury: Rs.9500 per person per day, for a minimum of 6 persons</li> </ul>	
DAY	ITINERARY
Day 1	Leh On arrival in Leh, you check into a hotel and meet the team. You will be introduced to your motorbike which you can get familiar with on a short ride to Shanti Stupa in the evening. Spend the day in the hotel getting acclimatised to the high altitude of Ladakh.
Day 2	Leh to Ule Tokpo      83 km This is a relatively easy stretch with good plain terrain and smooth riding. Along the way Nimmu boasts of a Sikh shrine known as Gurudwara Patthar Sahib. The Alchi gompa, over ten centuries old and with splendid Tibetan style murals, is worthy of a detour. En route, you can also take a short detour and visit the Likir gompa. The Basgo ruins are along the trail and are worth a short halt. Overnight in huts at Ule Tokpo.
Day 3	Ule Tokpo to Dah    80 km Along this trail lies Khaltsi, a military check point beyond which things become exciting. A series of riverine gorges brings one to the land of the Drokpas. The trail makes it way through a series of small villages, the last of which is Dah, upto which visitors are allowed to travel. The roadside between Khaltsi and Dah is increasingly verdant with flat roofed houses, fields and orchards of apricots, walnuts and apples. Spend the rest of the day wandering through the Drokpa villages. Camp for the night at Dah.
Day 4	Dah to Leh          163 km Return along the same route to Leh with a short detour to Lamayoru, the oldest monastery in Ladakh. One the way you will also witness a spectacle like none other, a piece of land called Moonland by hundreds of travelers. The ground here is beige, completely devoid of vegetation and twisted into strangely lumpy shapes like something out of Star Wars. Overnight in hotel at Leh.
Day 5	Leh to Chumathang    141 km The Rupshu trail wanders south east from Leh into the Rupshu sector, to two of Ladakh's most beautiful lakes, the Tso Moriri and the Tso Kar. From Leh the road goes south along the banks of the River Indus to the village of Upshi, 51 km from Leh. The village is a checkpoint for tolls and permit checks so keep your permits handy. The road from Upshi to Chumathang curves its way between the towering mountains and gorges of the Ladakh and Zaskar ranges before arriving at Chumathang which is famed for its hot water springs believed to have therapeutic powers. Camp overnight at Chumathang.
Day 6	Chumathang to Tso Moriri      70 Km The road from Chumthang to Tso Moriri takes you over the Mahe bridge over the river Indus. The road to Tso Moriri, beyond the bridge goes via the village of Sumdo and is a bumpy but

## the experience

	<p>exquisitely scenic ride, the highlights of which include the village of Puga and the mountain pass of Namshang La. Tso Moriri, at an altitude of about 4500 m, is a sapphire-blue lake with a length of about 27 km and 8 km at its widest. The lake is pretty and the entire setting of mountains and shimmering waters amidst them is worth at least half a dozen photographs. The area around Tso Moriri is the best place in the entire region to see Ladakh's wildlife which include kiangs, Tibetan blue sheep, marmots, red foxes and a variety of birds. Camp overnight at Tso Moriri.</p>
Day 7	<p>Tso Moriri to Tso Kar 71 km Next morning leave for Tso Kar which should take 2 – 3 hours to reach. Laze for the day enjoying the spectacular landscape around Tso Kar or 'White Lake', so called because of the deposits of salt which encrust its shores. The area is known for its herds of Tibetan Wild Asses or kiangs. Camp overnight at Tso Kar.</p>
Day 8	<p>Tso Kar to Leh 154 km The next morning, ride on towards Leh via the highest mountain pass on this road, the windy Taglang La (5260 m / 17257 ft). The view from here is spectacular and on a clear day you can see the snow capped peaks of the Karakorams. Beyond the pass, the road starts descending. Drive past the village of Upshi to reach Leh. Overnight in hotel at Leh.</p>
Day 9	<p>Leh to Nubra Valley via Khardung La Pass 138 km Today we take a day to ride into the Nubra Valley. The route from Leh to the Nubra Valley is one of the most scenic in Ladakh making its way over the world's highest motorable pass, the Khardung-La (5540 m / 18380 ft), and into the picturesque Nubra Valley. Where the rest of Ladakh is arid and barren, Nubra blooms and blossoms in many colours. It is a small stretch of land between 3 and 5 km wide in the northern part of Ladakh nestled at the foot of the Karakoram ranges. Overnight in tents/hotel in Nubra Valley.</p>
Day 10	<p>Nubra Valley to Leh 138 km Return to Leh by evening and shop in the Main Bazar in Leh, a fairly compact area, selling everything from papier-mache and pashmina to silverware and semi-precious stones. Bargaining is important – in most cases begin by quoting a price which is a third of what the shopkeeper has quoted. Overnight in hotel at Leh.</p>
Day 11	<p>Leh to Pangong Tso 164 km Start early to keep time to see the sights like Shey Palace and Thikse gompa along the way. The road climbs steeply up to Chang La the third highest pass in Ladakh where permits are checked. The other main places along the way are the villages of Darbuk and Tangtse. Beyond Tangtse a scenic though bumpy ride takes you to Pangong Tso, The lake is nothing short of being utterly celestial. Nearly three-fourths of it lies in China and is surrounded by barren snow capped mountains. Asia largest salt water lake, Pangong's beauty is undeniable. This lake is over 130 km long and between 6 and 7 km wide. Overnight in tents in Pangong Tso.</p>
Day 12	<p>Pangong Tso to Leh 164 km The next day's journey is basically a retracing of the route to Pangong Tso although it begins with a quick detour to the village of Spangmik, a distance of 8km and the last point upto which tourists are permitted. Spangmik and its surrounding villages are a home to a small population of nomadic Chang-pa, a race endemic to South East Ladakh and Tibet. Overnight in hotel at Leh.</p>

- The quoted cost includes motorbikes including oil and maintenance, English speaking guide and support crew, support vehicle for luggage, gear and passengers as required, all meals and hotel/tent accommodation.
- Permits, wherever required are arranged by us but are not included in the above quoted cost.
- There is an additional cost of Rs. 7000 per person for making the motor bikes available in Leh as against riding the same up from Manali.

Please contact us on [info@be-outdoors.com](mailto:info@be-outdoors.com) or +91-9810019268 for more details.